

MEMORY COLLECTOR FOR CHILDREN AND TEENS

- Full birth name (first, middle and last)
- Place of birth, age, and birthday (astrological sign or religion- optional)
- Physical appearance (hair color, eye color, height, build)
- List any birthmarks or unique physical characteristics
- What is a nickname that he/she/they goes by?
- Favorite meal, food, or drink. List any food allergies or food/drink dislikes
- Favorite music genre, band, artist, song or album
- Favorite location or travel spot. Name favorite season (time of year)
- Write down a secret recipe or what their added touch was to a recipe
- Create a list of his/her/their positive character traits
- Favorite book, journal, magazine, podcast, or game
- Favorite TV show, movie, or documentary
- Favorite phrase, saying or mantra
- Favorite animal, plant, flower, or tree
- Favorite holiday or current/historical event
- A symbol, heirloom, or item that holds meaning or value to him/her/them
- Favorite hobby, sport, or leisure activity
- List the types of careers, jobs, or employment he/she/they had

